

1 March 2011  
NSN: 8920-01-583-4838

(OAC)

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\* MONOGRAPH NO: 5A1  
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Item: **Oatmeal, Apple Cinnamon**

Document: **PCR-O-007, Oatmeal, Apple Cinnamon, Packaged in a Polymeric Tray, Shelf Stable**

Approximate Caloric Value Per Serving: **190** Component Classification: **Primary**

Estimated Shelf Life: **36 months at 80°F**

**Item Characteristics**

Appearance: Oatmeal: cooked whole oats and groats, tan to light brown color.  
Apples: cooked, uniform slices, off white to tan color.

Odor: Cooked oatmeal, apples, and cinnamon.

Flavor: Cooked oatmeal, apples, and cinnamon.

Texture: Oatmeal: slightly soft to slightly firm.  
Apples: soft to slightly firm.

**Possible Deteriorative Changes**

Appearance: Oats: darkened.  
Apple slices: slightly darkened tan color, mushy.

Odor: Pungent to sour.

Flavor: Pungent to sour.

Texture: Oats: thick.  
Apples: overly soft to mushy.

**Unique Examination/Test Procedures**

NA

**Special Notes**

NA